

Assumption of Risk, Release of Liability for Personal Injury, Medical Authorization

By participating in any classes held by Bravo Belly Dance (BBD), I acknowledge my understanding and acceptance of the following:

I, the participant, do hereby release Valerie Bravo Woodruff, Bravo Belly Dance (BBD), Who Gives A Scrap, its representatives from any and all liability or in any way related to my use of the facilities, equipment, or apparatus at Bravo Belly Dance (BBD), its owners, operators, instructors, employees, agents, servants and affiliated center(s); and /or my participation in any class, program, competition or other event organized, run and/or sponsored by or held at Bravo Belly Dance (BBD), hold harmless the said claims, demands, costs, expenses and compensation arising out of or in the course of or in any way related to any personal injury to me.

I hereby confirm my understanding that participation in classes held by Bravo Belly Dance (classes located at 810 Arcturus Street, Colorado Springs, CO) involves sustained and repetitive physical activity that is to be performed on an appropriate floor with appropriate equipment as directed by the instructor.

I understand that dance instruction requires a broad range of movements that may strain the human body. If I experience any pain or discomfort in class, I will take the appropriate measures to stop dancing or to ask support from the instructor to make appropriate adjustments.

I understand that dance classes may involve both physical and verbal corrections from the instructor, delivered at times through physical touch. If I am uncomfortable with physical corrections, I will notify the instructor at the beginning of class.

That dance can be an active sport, which requires strength, agility, and concentration and that it is solely my responsibility to determine that I am in good health and good physical and mental condition before permitting myself to exercise, work out, receive instruction, or perform.

In the event of an accident or emergency I would like to be taken to a hospital for medical treatment and I hold Valerie Bravo Woodruff, Bravo Belly Dance (BBD), and its representatives harmless in their execution of this action. Additionally, I hereby agree to individually provide for all possible future medical expenses, which may be incurred by me because of any injury, sustained while participating at or for the Bravo Belly Dance (BBD).

I grant to Bravo Belly Dance, its representatives, and employees the right to take photographs and or video of me and my property in connection with the company. I authorize Bravo Belly Dance, its assigns, and transferees to copyright, use and publish the same in print and/or electronically. I agree Bravo Belly Dance may use such images of me with or without my name and for any lawful purpose, including for example such purposes as publicity, advertising, and Web content.

I have read this document and accept the terms. I have been given the opportunity to ask questions and the opportunity to download a copy of this document for my personal record via www.bravobellydance.com.

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